

LVH

EXPERIENCE
SANTA TERESA
COSTA RICA, LATIN AMERICA

LVHGLOBAL.COM

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ABOUT

Far on the tip of Costa Rica’s Nicoya Peninsula, away from airports and city lights, is Santa Teresa. This charming little surf village is known for its incredible beauty with white sand coves, steep jungle-covered hills and forests teeming with monkeys and exotic birds. It has excellent surf year-round, many food options, and an unbeatable atmosphere. Beaches serve as the main gathering place, especially at sunset. Small and large groups gather on the sand, surfers catch their last waves of the day, and everyone trying to get that perfect sunset selfie. Although this jungle-backed beach town is remote, it’s anything but dull. Hip restaurants, beach parties, consistent surf breaks, jaw-dropping sunsets, and a social vibe that lets visitors reimagine what life is all about, make Santa Teresa one of Costa Rica’s hot spots.

When Costa Rica abolished the military in 1948, it was able to reforest the majority of trees lost to bad policies. The country is now recognized worldwide as being at the forefront of conservation. It is basically the creator of ecotourism. The Nicoya Peninsula’s designation as one of the world’s five Blue Zones makes Santa Teresa an off-the-beaten-path escape from the buzz of the modern world. Some even travel to the region specifically for a self-imposed digital detox. A phrase you’ll often hear associated with Costa Rica is “Pura Vida” or “Pure Life,” and for good reason. Once a sleepy fishing village, Santa Teresa is now an increasingly luxurious surfer’s paradise filled with people who have made this particular fantasy their reality.

- L.A. – Santa Teresa 7h 30’
- New York – Santa Teresa 7h 30’
- Miami – Santa Teresa 4h 50’



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AREAS

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AREAS

Santa Teresa, a string of beach-backed hamlets on the southern tip of Costa Rica's westernmost peninsula, has an edge-of-the-world vibe that still feels remote and inspires dreams of relocation. Santa Teresa is far from most other destinations in Costa Rica. And that's all part of the appeal. It's no wonder with all the international coverage from media giants and visits from celebrities. One main road runs from the fishing village of Mal Pais through Playa Carmen, Playa Santa Teresa, and finally Playa Hermosa to the north. There are four areas in Santa Teresa among the loveliest. Driving down that dusty dirt main road connecting the locale's four beach areas – Playa Carmen (notable mainly for having the only ATMs in this no-credit-card zone), Playa Hermosa, Santa Teresa proper and Mal Pais – you look at the tanned, yoga-toned people carrying their surfboards back from the beach and wonder what your life would be like in a town that experiences almost year-round sunshine interrupted by the occasional biblical rainstorm and consistent 80-degree temperatures.



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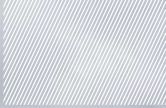
AREAS



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1. Manzanillo
2. Hermosa Hills
3. Santa Teresa
4. Playa Carmen/Carmen Beach
5. Mal Pais

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MANZANILLO

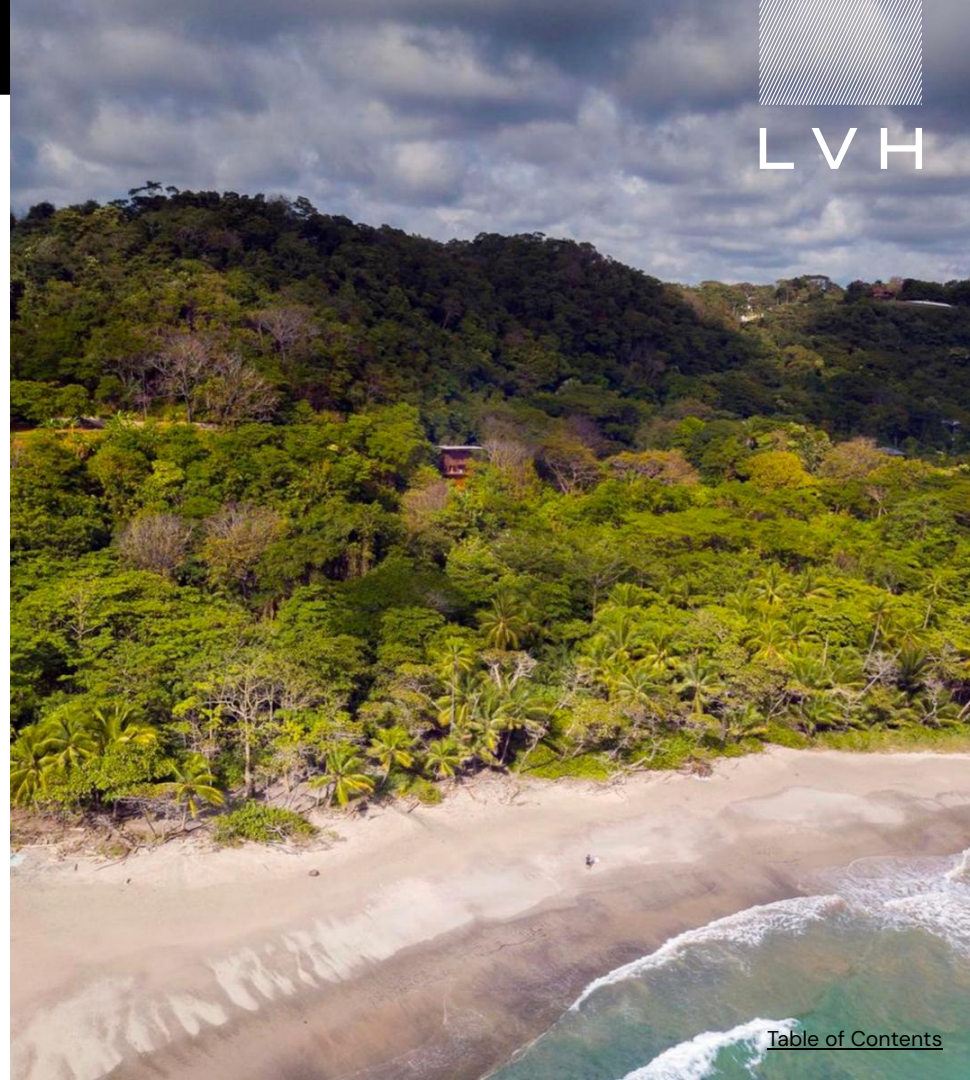
Even though Manzanillo is only a 20-minute drive away from Santa Teresa, the tranquil beach village has so far escaped tourist development. There aren't any hotels in Manzanillo, only a small nature lodge hidden in the hills and some vacation rentals.





HERMOSA HILLS

Located in Cobano, Hermosa Hills is in a rural area and on the beach. The natural beauty can be seen at Santa Teresa Beach and Hermosa Beach. Explore all the area has to offer with mountain biking, hiking/biking trails, and ecotours.





SANTA TERESA

Santa Teresa Beach is on the northern, more exclusive part of Santa Teresa. In this area, surfers can find the most consistent waves in the country. There is also an impressive array of dining options, bars, art galleries, boutiques featuring local designers, nature and hiking trails, and more.



PLAYA CARMEN/CARMEN BEACH

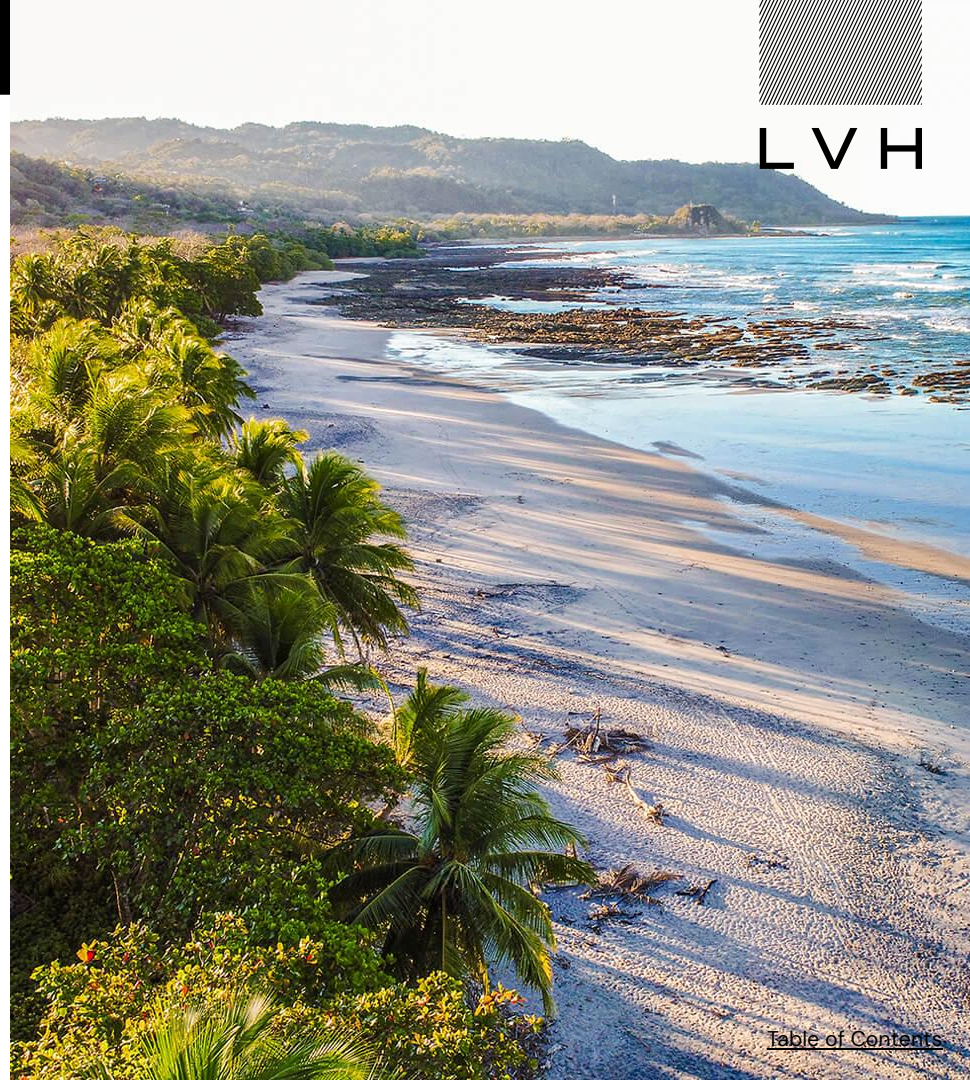
This area has one of the most popular beaches in Costa Rica. It's known for its amazing surfing and fun vibe. The street behind the beach is full of restaurants, bars, hotels, and houses. There are a few roads heading up into the hills, dotted with boutique hotels and villas from which visitors can walk or drive down to the beach.





MAL PAIS

Mal Pais, Costa Rica is the southern neighbor of the popular tourist town, Santa Teresa but many people lump Mal Pais, Santa Teresa and Playa Carmen in as one. While Santa Teresa and Playa Carmen has grown substantially to become one of the top tourist destinations in Costa Rica, Mal Pais has retained its rural and relaxed local vibe.



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BEACHES

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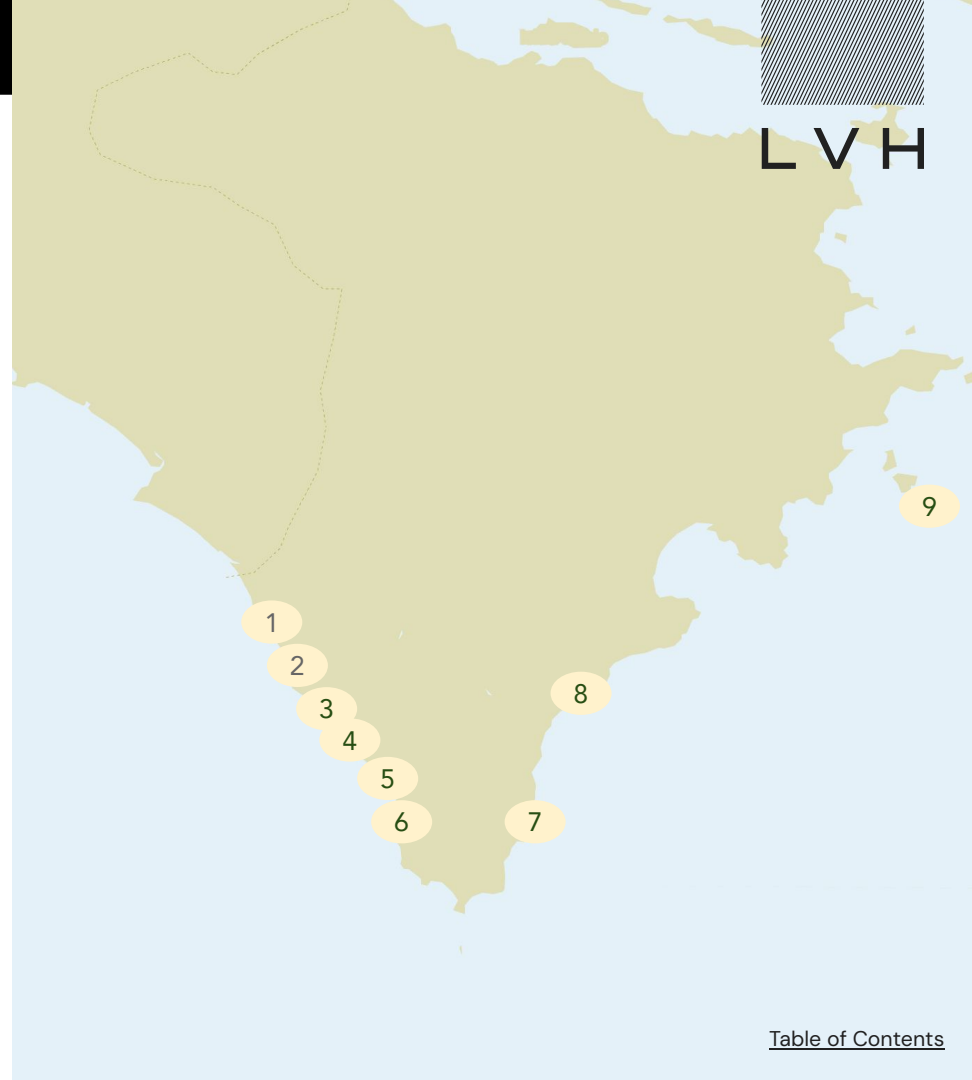
BEACHES

The highlight in Santa Teresa are the gorgeous beaches. Santa Teresa is well-known for surfing, but the rough waves and rip currents can make swimming more of a challenge. Besides surfing and sunbathing, the beaches serve as the main gathering place, especially at sunset.



BEACHES

1. Manzanillo Beach
2. Hermosa Beach
3. Santa Teresa Beach (La Lora)
4. Carmen Beach
5. Mar Azul
6. The Secret Beach
7. Cabuya Island
8. Montezuma Beach
9. Tortuga Island





MANZANILLO BEACH

The beach is shaded by stocky palm trees and old Almendros leaning far out over the sand. Bathing is possible at mid to high tide. At low tide, visitors can walk over the rocks to a shallow lagoon protected by a reef. It's a good place for snorkeling and has the best light in the morning hours.



HERMOSA BEACH

Somewhere around Florblanca hotel, the rocks begin again, and you'll find a huge towering rock known as *El Peñon*, which is where the Playa Hermosa beach area begins. Playa Hermosa is the most beautiful beach in the southern Nicoya Peninsula, and despite all the tourists in the area, is still to this day nearly empty. It's a long, flat sandy beach, with a great surf break (right point break) at the northern end. There's no development on this beach, except for an occasional house tucked back in the trees.



BEACHES

SANTA TERESA BEACH (LA LORA)

Playa Santa Teresa is the name given to a whole set of beautiful sandy beach areas north of the beaches of Playa Carmen. There are many road accesses, although some are footpaths only. Once you get to the La Lora Amarilla access, the beach really turns into a postcard, with perfect white sand and the best surfable waves.



CARMEN BEACH

Carmen Beach or Playa Carmen, as it is know, is the most popular beach in the area. Located in the center of the Santa Teresa – Mal Pais area, Playa Carmen is the most crowded, and so are its waves. The street behind the beach is full of restaurants, bars, hotels, rental villas, and many houses. There are a few roads that head up into the hills, dotted with boutique hotels and rental villas from which you can walk or drive down to this beach.





MAR AZUL

To the left (south) of the beach is a huge rock which is one of the landmarks of Malpais. Mar Azul is the most popular surf spot in the Mal Pais area, but still, it's rather empty. Most people go to Santa Teresa and Playa Carmen, where the waves are more consistent with fewer rocks.



THE SECRET BEACH

A secret spot at the far end of the Malpais road, this special cove is just on the other side of a towering rocky knoll, known also as “Playa los Suecos,” the “Swedish Beach.” The last leg of the road to get there is sometimes tricky, but drivable with 4WD. Probably because it’s next to Cabo Blanco’s protected marine reserve, this spot is really great for seeing fish, eels, octopuses, stingrays, sea turtles, lobsters, etc. People come here for spearfishing to hunt the unfortunate snappers and groupers that stray from the protected waters next door. The other reason to come is because of the great snorkeling in the rugged topography of the rocks. The reef outside protects this beach from heavy surf, making the water more tranquil.



CABUYA ISLAND

This is one of Costa Rica's most special places. At low tide, a path under the waves will appear and you can walk out to the island. On the island is a cemetery, with a large mysterious gate. When a local person dies, sometimes the funeral service will be held at night, and all the attendees will carry candles across this path. It is a spectacularly eerie site. On the north side of the island is one of the area's best snorkeling spots.





MONTEZUMA BEACH

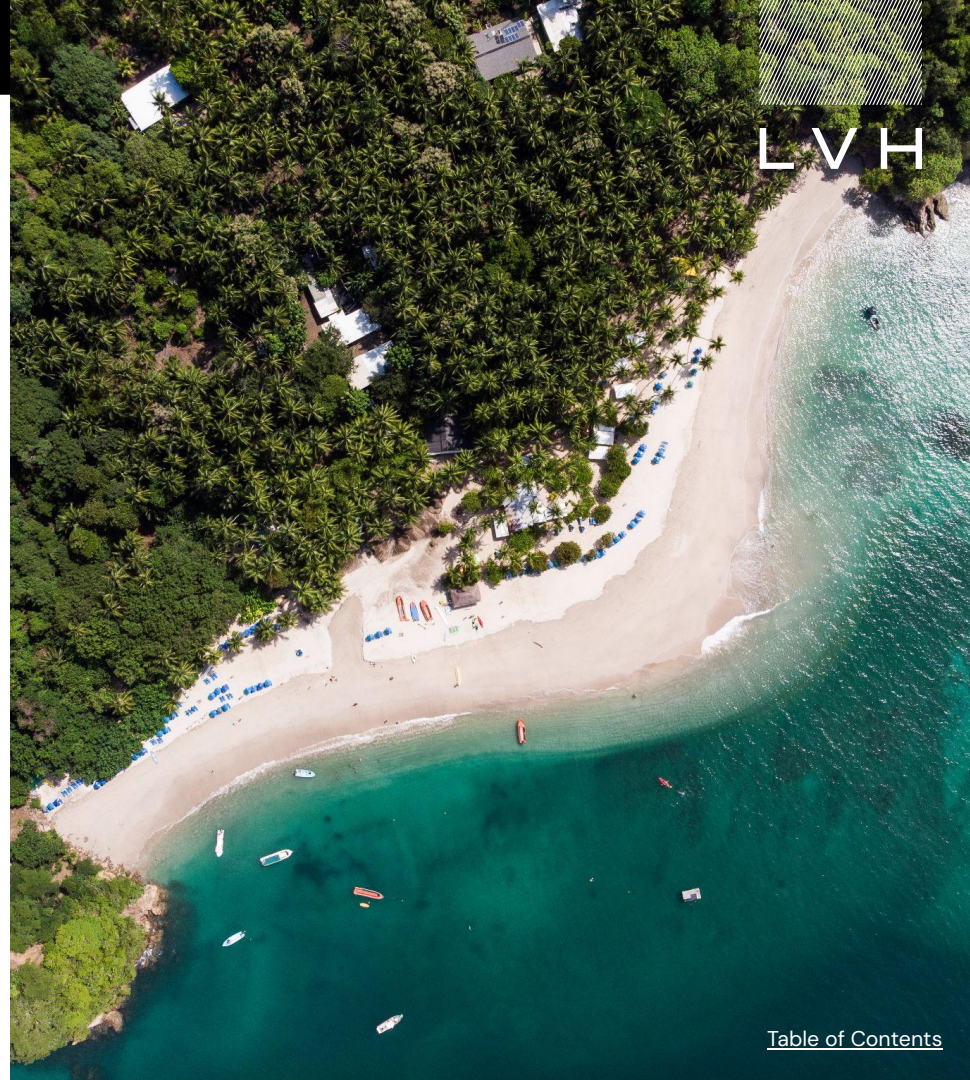
Since the 1970s, Montezuma has been a world-famous travel destination for people who want to get away from it all. Along with the Malpais, Santa Teresa, Manzanillo and other places, this is one of the best surfing beaches in the Nicoya Peninsula. It features some of the most perfect surfing waves that are known to be big, strong and consistent. Panoramic vistas around the area also make it one of the most popular tourist hubs in the region. Zipline tours are also a much sought-after adventure activity in the region. You can go along the Montezuma River and halt by the waterfalls.



BEACHES

TORTUGA ISLAND

Tortuga Island or Isla Tortuga (Spanish for “Turtle Island”), as it’s known by Costa Ricans, is an exotic, albeit peaceful and pristine island lying off the southern tip of the Nicoya Peninsula. Tortuga Island is a delightful, mystical and scenic paradise with crystalline turquoise waters, relaxing tropical beaches, incredible biodiversity, and swaying coconut palms lining the tranquil beach.



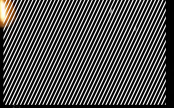
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RESTAURANTS

RESTAURANTS

There aren't many places in Costa Rica where you will find such a wide range of food choices like in Santa Teresa. The culinary scene ranges from gourmet restaurants and beach lounges to funky street-side stalls. At most places you will dine "al fresco," which is just what you want on a balmy, tropical night. No need to bring a change of clothes for going out ... in Santa Teresa and Mal Pais dress code is very casual. The yoga and health scene in Santa Teresa ensures many vegan and health-oriented eateries, while the multi-ethnic composition of the village adds flavors from all over the world. For a typical Costa Rican dish go to a Soda, a simple restaurant, serving typical local food.



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RESTAURANTS



LVH



1. Nectar
2. Al Chile Viola
3. Manzu
4. Katana
5. Koji's Japanese Restaurant
6. Nami

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RESTAURANTS

NECTAR | COSTA RICAN/FUSION

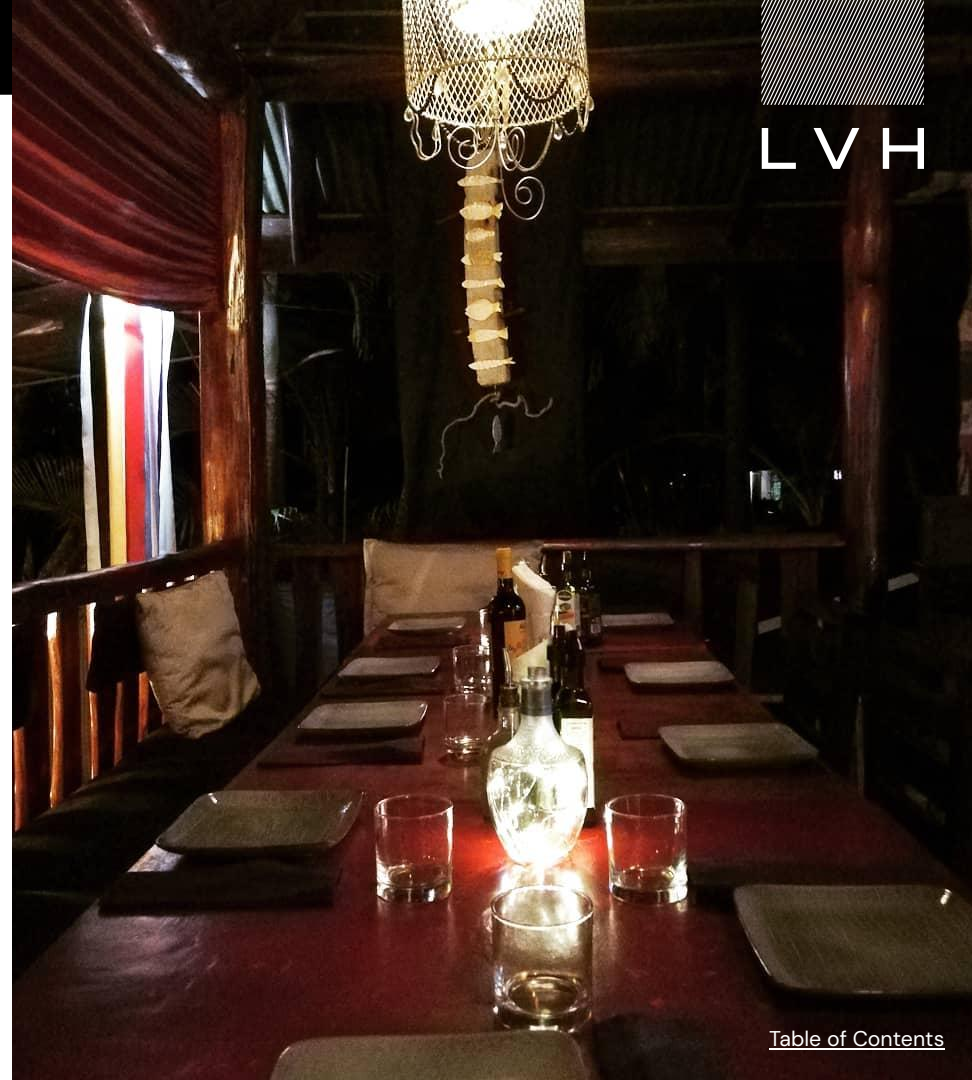
Nectar at Hotel Florblanca is laid back and elegant; an indoor/outdoor gathering place for guests and locals wanting to dine, celebrate, or enjoy a cocktail after a day at the beach. The kitchen serves fusion cuisine with Latin, Mediterranean, and Asian influences. The menu is built around seasonal ingredients with an emphasis on organic local produce, fresh seafood from the surrounding waters, and traditional favorites. From sushi to fish tacos, from salads to chocolate soufflé, the menu is varied and creative. The fish is so fresh, it's hook to fork!



RESTAURANTS

AL CHILE VIOLA | ITALIAN

Of all places, guests will experience an Italian meal here as they've probably never experienced before. Chef Emiliano from Florence challenges guests' taste buds with imaginative dishes using authentic Italian ingredients. The exciting menu includes traditional homemade pasta: beef lasagne, eggplant parmigiana, osso buco à la Romana, and seafood such as sea bass rolled around grilled vegetables. For dessert, try a killer dark chocolate mousse sprinkled with sea salt crystals, or try the signature frozen coffee made with local Cafe Tica liqueur. During the high season, December to May, there's live music three times a week.



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RESTAURANTS

MANZU | CONTEMPORARY

Manzu is designed to remind guests of the palm-thatched huts where the ancient Chorotegans used to live. It offers a relaxed ambiance set by the warm, salty breeze from the sea and the modern twist of an open kitchen. Enjoy the international menu with traditional Tico recipes passed down from generation to generation, all made with fresh, local ingredients. Mixologists surprise guests with their signature cocktails. Some of what's on offer: Fresh Pacific tuna served with fennel risotto, vegetables, and a wine reduction; coffee beef tenderloin with coffee-infused sauce, sweet potatoes, and sautéed spinach. For dessert try the Chocolate volcano with vanilla ice cream.



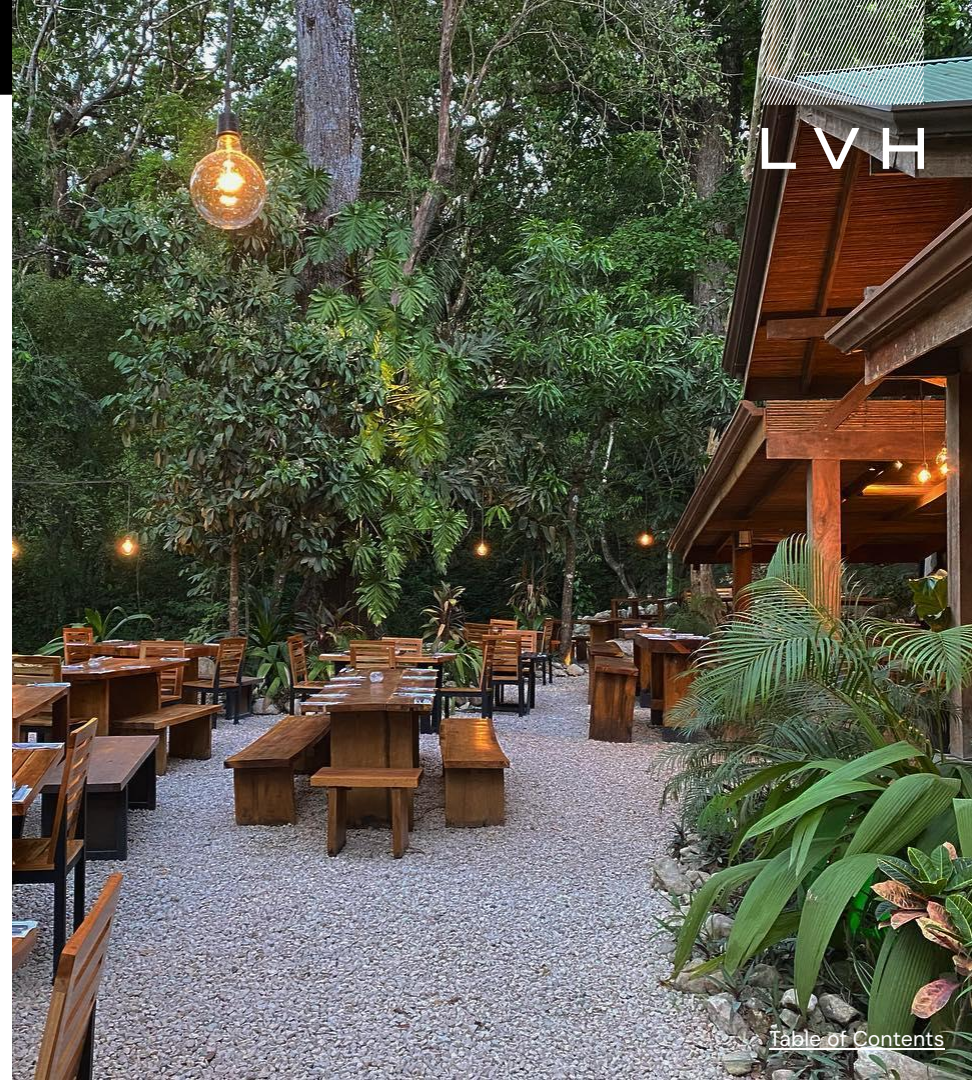
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RESTAURANTS

KATANA | ASIAN

Owners say the idea of Katana is simply to create the best experience by trying to touch the hearts and souls of its customers. They do this by creating dishes inspired by many Asian cultures, transforming Asian fare into their own vision. They have a number of delicious rolls on the menu such as the Katana roll fashioned from tuna, avocado, cucumber, yuzu miso, and white fish topping; volcano roll made with tempura futomaki, avocado, sweet potato, tuna tartare and aioli; dragon roll made with white fish tempura, chipotle, avocado, seared tuna and tempura flakes.



RESTAURANTS

KOJI'S JAPANESE RESTAURANT

Koji's Japanese Restaurant is considered to be the home of the best sushi in Santa Teresa. They use only the freshest fish and shellfish from the area as well as locally sourced vegetables, fruits and meats, offering a wide selection of excellent Japanese-inspired food. Chef Koji Hyodo's grilled octopus is barely fried and sprinkled with sea salt, and there's a perfectly sweet crunch to the soft shell crab and lobster tempura.



RESTAURANTS

NAMI | JAPANESE

Nami offers a combination of simple and modern Japanese cuisine with high-quality ingredients including fresh, local fish. In addition to a plethora of sushi rolls, main courses include udon noodles with vegetables and meat, chicken or seafood; sesame tuna; Nami sashimi. Special dishes include shrimp tempura with tuna, avocado, covered with spicy white fish, scallion and onion served with ponzu sauce; shrimp tempura, spicy tuna, avocado, covered with crunchy spicy tuna and sesame sauce; and shrimp tempura, avocado, spicy tuna, covered with tuna tataki.



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JUNGLE SNACK



SURF Selina CLUB

Rentals

- FULL DAY: \$35
- 1/2 DAY: \$20
- HIGH PERFORMANCE: \$25
- SUP: \$24

START FROM
7:30
TO
6:30

JUNGLE SNACK

The trendiest of beach towns on the Nicoya Peninsula, Santa Teresa offers much more than just fantastic surf. The food scene here is probably the best in all of Costa Rica. It can be said it's like a combination between Bali Gili Trawangan and Tulum, Mexico, but a few years behind. You'll find chic, open-air restaurants like Tom Brady's favorite sushi spot, Aussie-style coffee shops/cafes, perfectly flakey French pastries, and abundant vegan options. Enjoy!



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JUNGLE SNACK



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1. Eat Street
2. Zwart Cafe
3. Banana Beach Bar & Restaurant
4. The Bakery

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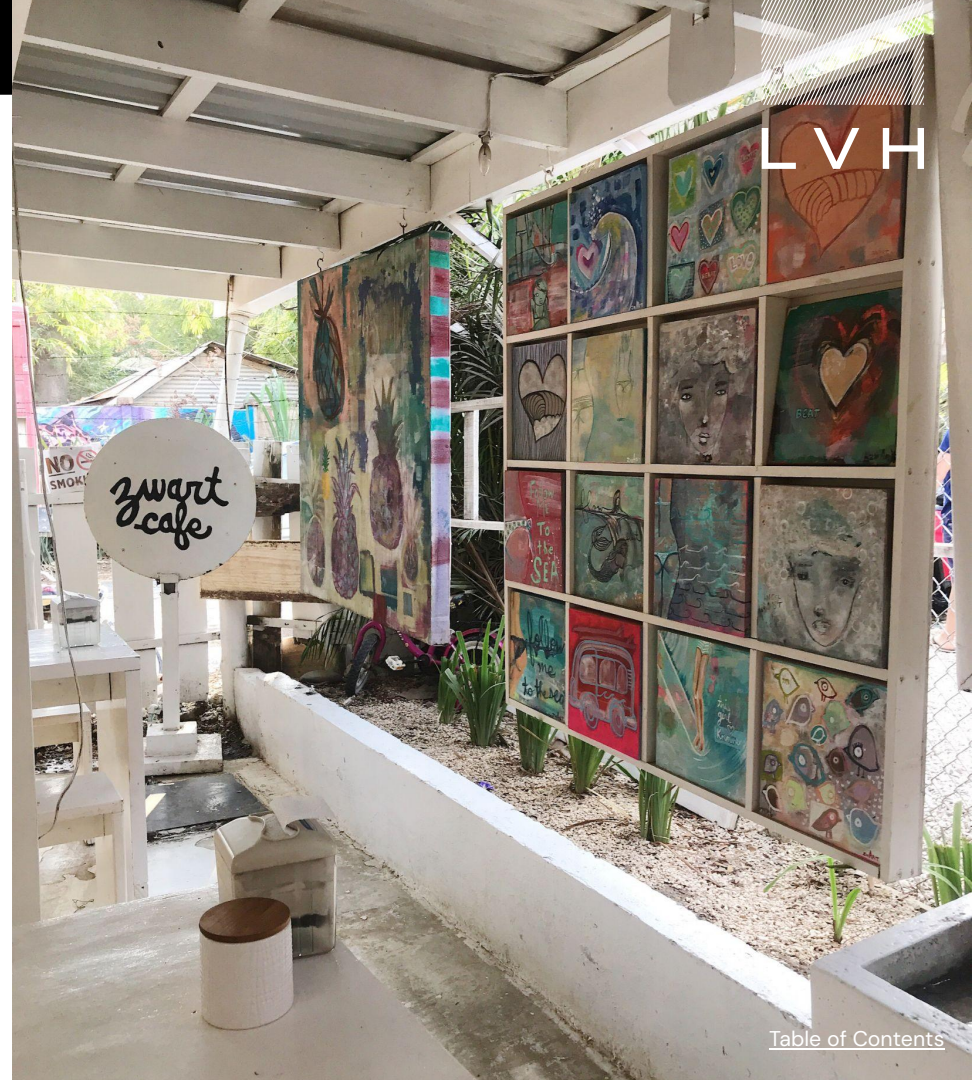
EAT STREET

Eat Street is a spacious street food marketplace in Santa Teresa North. You can enjoy thoughtfully prepared international-inspired menu options. Start your morning at Sunrise Cafe with breakfast and a coffee. For lunch, sink your teeth into a mouth-watering signature burrito from NoMad Tex-Mex kitchen or try a delicious bowl from Happy Bowls. To top it off, sip your cocktail at Boule Bar and play pétanque in the evenings.



ZWART CAFÉ

This shabby-chic, artist-owned gallery and cafe is a definite stop in Santa Teresa. It is a quirky little breakfast corner that serves a mix of American comfort food as well as classic Costa Rican dishes such as Gallo Pinto. You'll love the surf-inspired Technicolor canvases, the lively outdoor patio, the breakfasts, and including chocolate-chip pancakes. At lunch it's all about the burritos and there are plenty of vegan options. There's a dynamite used bookstore here too. This is a good choice for those wanting something close to home that still retains a strong tropical vibe.



BANANA BEACH BAR & RESTAURANT

Banana Beach is a stunning lounge Bar restaurant with a chilled atmosphere for every day and serves a fresh and light summer lunch menu with salads, fish and seafood. Relax on the beach in comfortable lounge chairs, enjoy a smoothie or cocktail, have a delicious meal and experience unforgettable sunsets.



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THE BAKERY

With its terracotta-tiled roof and folding wooden cafe chairs, the Bakery looks like a Santa Monica breakfast joint. All of the baked goods are handmade in a traditional artisan bakery located in the village of Santa Teresa. Night and day the bakers make all the products with love and passion and they get delivered fresh every morning. Come and taste our croissants, pain chocolate, bread and baguettes, New York-inspired bagels, cheesecakes, éclairs, banana bread, and much more ...



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THE ARTS

Although it's tempting to spend your vacation lounging on the country's breathtaking beach or exploring the depths of the rainforests, be sure to make time for Costa Rica's many rich cultural offerings that should not be missed including art, music, museums, theater, and festivals. Costa Rica's Buzzy Nicoya Peninsula Is a Natural Haven for Creatives. A set of forward-thinking creatives are building on the region's eco foundations. Art venues **in** Santa Teresa pay homage not only to Costa Rican heritage but to creativity and artistic inspiration.



THE ARTS



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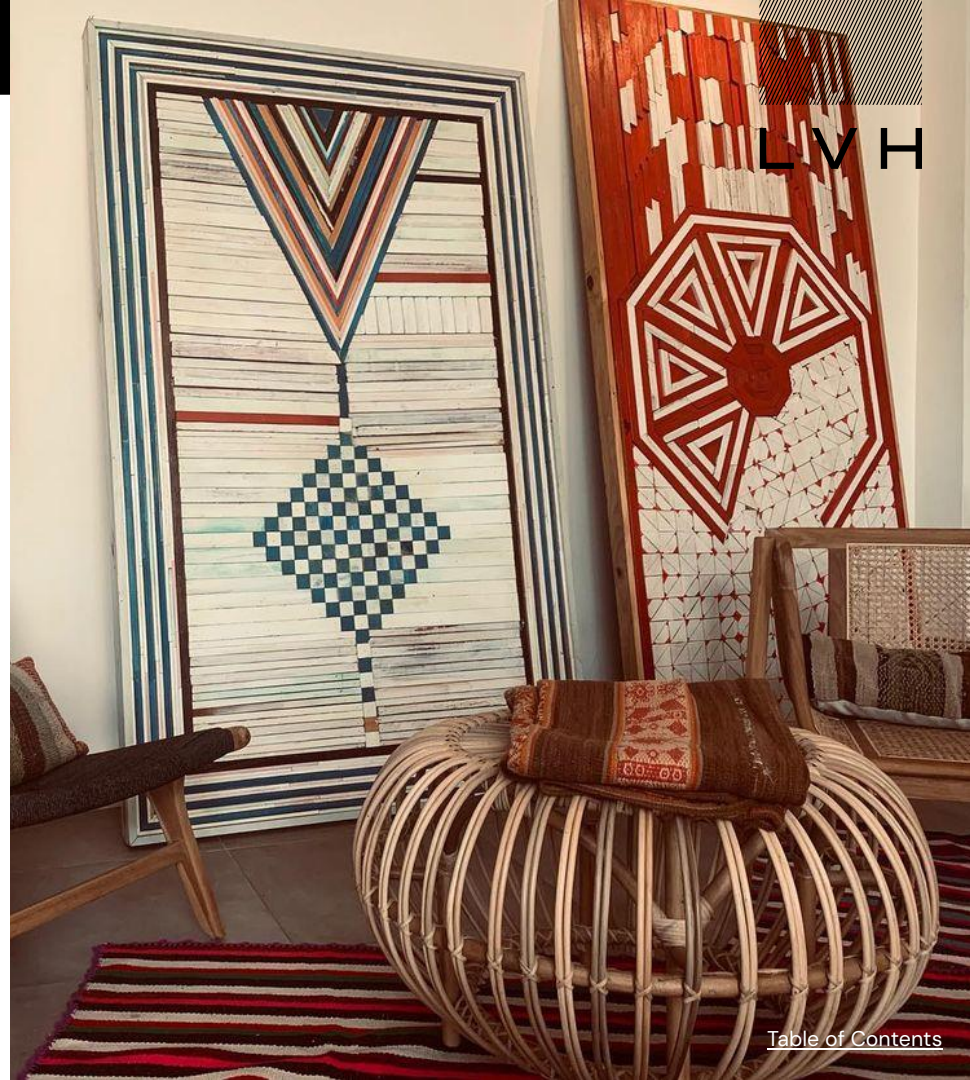
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1. Van Parijs Art Gallery and Studio
2. Malie Jewelry Art and Studio
3. Drift Art Gallery

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VAN PARJIS GALLERY AND STUDIO

Johanna van Parijs is the owner and artist at the Belgian-born Johanna van Parijs is a young artist working in mixed media art with a refreshingly new take. Combining tropical elements from her current place of residence in Costa Rica, she layers her work into what begins as a collage but elevates it into something greater. She works as an interior designer with a passion for mixing materials and creating eclectic styles. When you're not breaking the waves pay a visit to this art gallery.



THE ARTS



THE MALIE JEWELRY ART STUDIO

The Malie Jewelry Shop/ Art Studio, owned by a crafty artist Maria Spaur, is located in Santa Teresa, Costa Rica, amid the most beautiful beaches and lush green tropical jungle. All Malie Jewelry pieces are handmade in the studio with lots of love and passion. Jewelry is made of (mostly recycled) sterling silver and most pieces are one of a kind, made for you to have your personal little treasure. No artificial materials have been used; all packaging is made of 100% natural cotton and recycled paper.

DRIFT BAR ART GALLERY

One of those idiosyncratic places around Santa Teresa is definitely Drift Bar. It is among other things an art gallery featuring studio workspace and current works by resident artists, Sharon Ramsay and Sandra Mott.

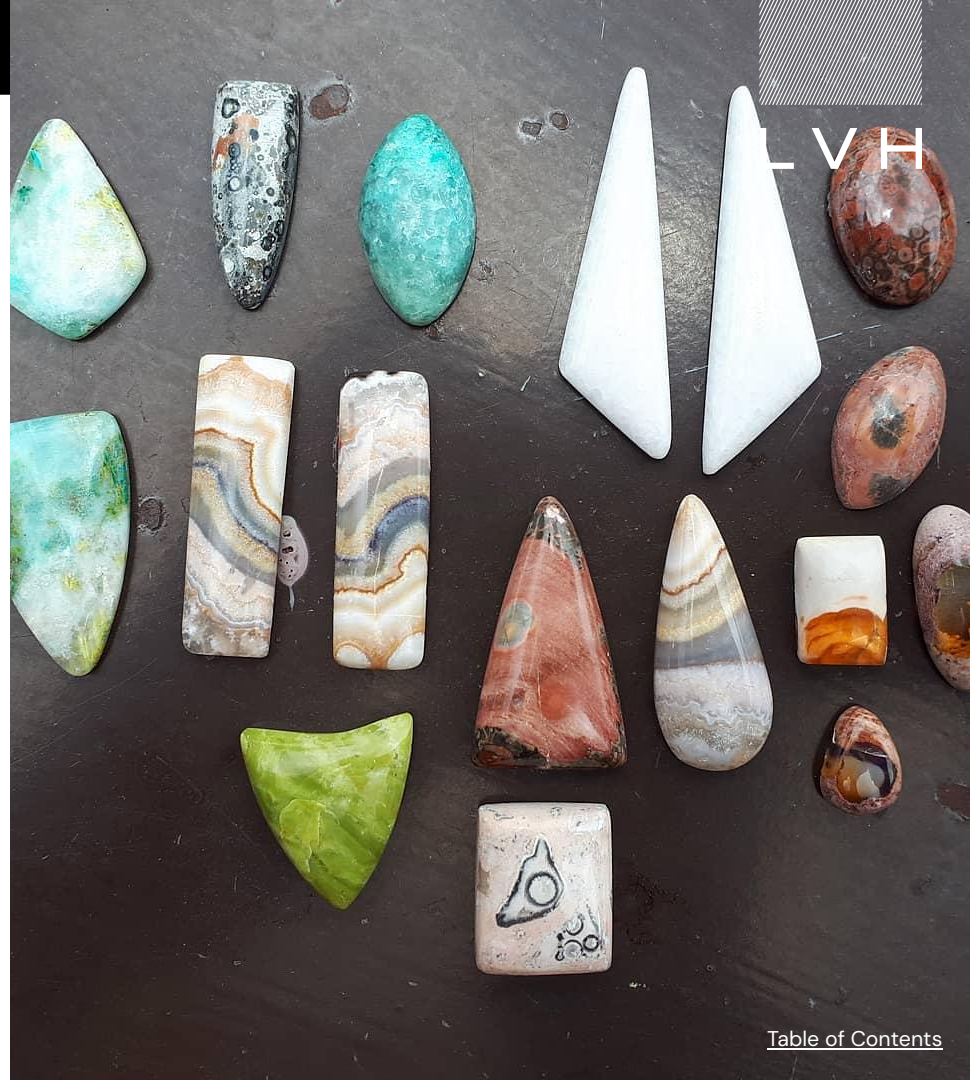


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SHOPPING

SHOPPING

The “Pura Vida” in Santa Teresa is not just about the exquisite sunsets on the beaches and watching the abundance of exotic wildlife. What you might not have heard before is that shopping in Santa Teresa, Costa Rica can also be an incredible experience thanks to its wide array of boutique stores. If you’re looking to bring back more than photos and memories from your trip, drop in at some of these unique boutiques.



SHOPPING



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1. Jackalopes Surf Shop
2. Studio Collectiva
3. By the Sea
4. Costa Rican Coffee
5. Costa Rican Chocolate

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SHOPPING

JACKALOPES SURF SHOP

Jackalopes Surf Shop is outfitted with everything you need to enjoy the beach to its utmost. Not only do they carry boards and surf lessons, but they also trade in locally made jewelry and surf clothing you won't be able to find anywhere else.





STUDIO COLECTIVA

Studio Colectiva are some of the area's most reliable tastemakers, and they always have something fresh and stylish to offer. A truly chic locale, Studio Colectiva is quite a versatile jewelry shop. It also carries stylish clothes, fragrances, makeup, photo books, and much more.



SHOPPING

BY THE SEA

A relatively new face on the scene, By the Sea is already making a big impression on the Nicoya Peninsula thanks to their stunning shell jewelry. Taking major inspiration from native folklore and having worked with brands like Comme des Garçons, By the Sea is one of the major new creators of jewelry in Costa Rica to look out for.



COSTA RICAN COFFEE PRODUCTS

Don't be blinded by the coffee with the best marketing team or advertising program. You need to find the coffee locals recommend. Going on a tour of a coffee plantation and purchasing coffee directly from farmers is highly recommended. You'll not only be cutting out the middleman and supporting a hardworking business, but also ensuring you come away with an excellent Costa Rican gift. Also consider buying a traditional Costa Rican coffee maker, a *chorreador*, as a unique luxury travel gift to pair with the coffee.



COSTA RICAN CHOCOLATE

You can hardly say you've been to Costa Rica without trying some of the delicious native chocolate. You can always go for the major brands, but what's more special is if you go on a chocolate tour and/or pick some handcrafted bars and pieces up from the local retailer – just like coffee.



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NIGHTLIFE

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The enchanted beach town of Santa Teresa continues to gain popularity for its amazing beach rentals, world-class adventures and top-notch cuisine from all around the world. It comes as no surprise this tropical paradise is a hub for an eclectic choice of bars and nightclubs that come to life once the sun goes down. After a day of action-packed activities or maybe even a siesta in your hammock, there is always a variety of festive venues offering live music, cold drinks and tasty treats in the surf town of Santa Teresa, Costa Rica. Once the sun sets on this quiet little beach town, the party is ready to heat up from beachfront bars to poolside lounges.



NIGHTLIFE



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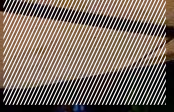
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1. Kika
2. Topsy
3. Ranchos Itauna
4. Banana Beach
5. Drift
6. El Carmen

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KIKA

Kika is considered by many to be the best bar in Santa Teresa for live music. On Thursdays, it's the hottest venue in town featuring a live band, loads of people and a great vibe. It's also a top venue for food and delicious cocktails.



TIPSY

Tipsy is an elegant wine shop, wine importer and wholesale distributor based in Santa Teresa beach. Besides offering a wide range of specially selected wines and spirits, as well as craft beers and cheeses it is also a sophisticated wine bar that attracts the cultured set of Santa Teresa. It's most popular on Thursday night when they have live music.



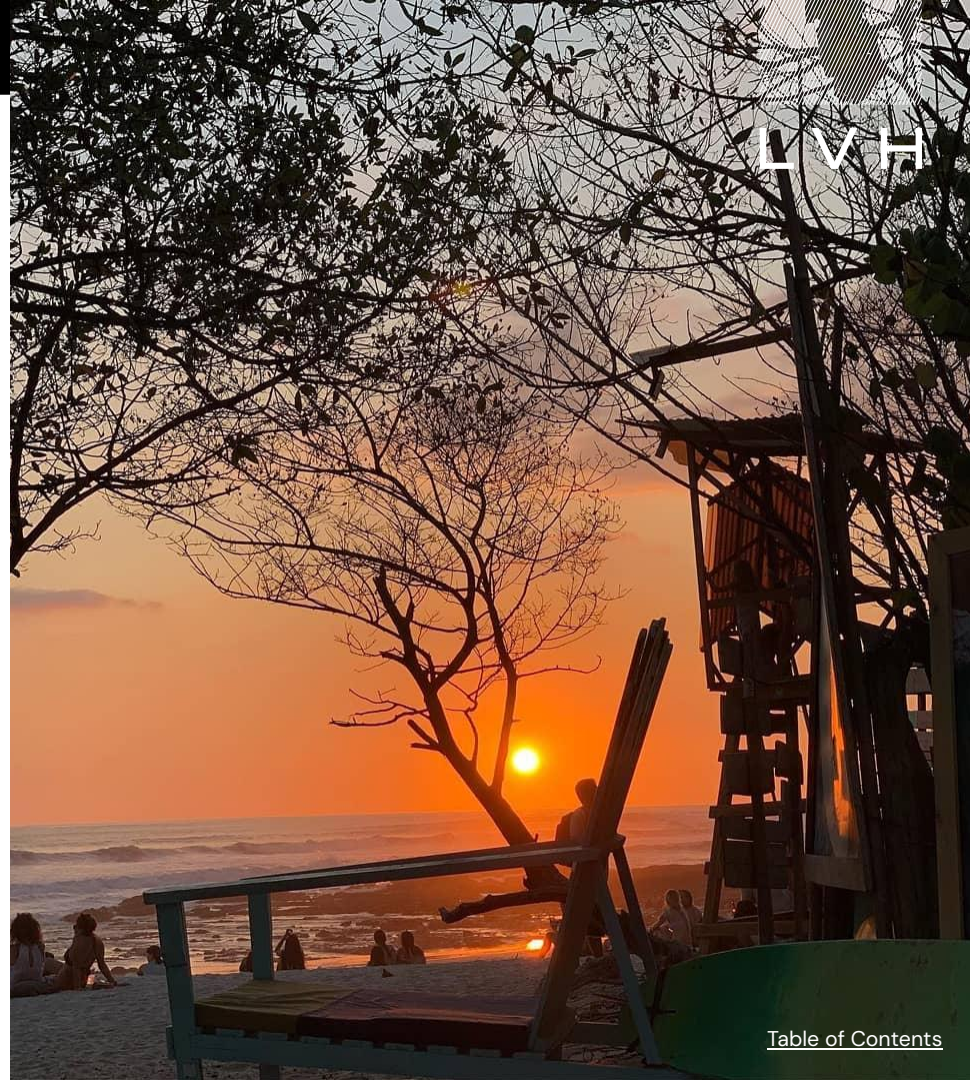
RANCHOS ITAUNA

A long-time favorite for sundowners on the beach and nightlife is Ranchos Itauna, a Brazilian-inspired restaurant and lounge. Legendary for its full moon parties, Itauna also hosts Deep Tuesdays with dancing to electronic music until sun-up, backed by a mighty beach bonfire.



BANANA BEACH SANTA TERESA

This is the perfect place to have a cocktail or a craft beer and watch a glorious sunset. Mixologists are very happy to create special cocktails for guests. Banana Beach often hosts events, from bikini contests to surf competitions. There's live music nightly, beautiful people, toasty beach bonfires and a lively ambiance.



DRIFT

The Drift is a vegetarian restaurant and bar, specializing in creative cocktails. The Drift Bar has a casual, cosmopolitan flair and is located by a former warehouse which now houses an art gallery. Drinks are made with cold-pressed juices and are best consumed in the chic lounge or while browsing the art. Guests who want to get their Santa Teresa beach villa rentals, can always order a sealed cocktail in a glass bottle (along with a reusable bag of ice) to go.





EL CARMEN

A refined beach restaurant with French cuisine, the restaurant **Playa Carmen** throws thundering rave parties on weekends. International Djs spin electronic music and there is dancing under the palm trees until wee hours.



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EVENTS



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No matter when visitors descend upon Santa Teresa, there is always some event taking place. Each year, a handful of festivals are organized to promote art in all of its forms, from theater to literature and film, showcasing both national and international artists. Although a lot of these performances are in Spanish, plenty of it is enjoyable by speakers of any language. Two of the largest festivals are the Arts Festival and the Light Festival.





COSTA RICA INDEPENDENCE DAY

Celebrated as the day Costa Rica secured its autonomy from Spain in 1821, Independence Day is celebrated with marching band parades of children playing their instruments to the tune of the Costa Rican national anthem. Typical Costa Rican foods are normally sold by street vendors.



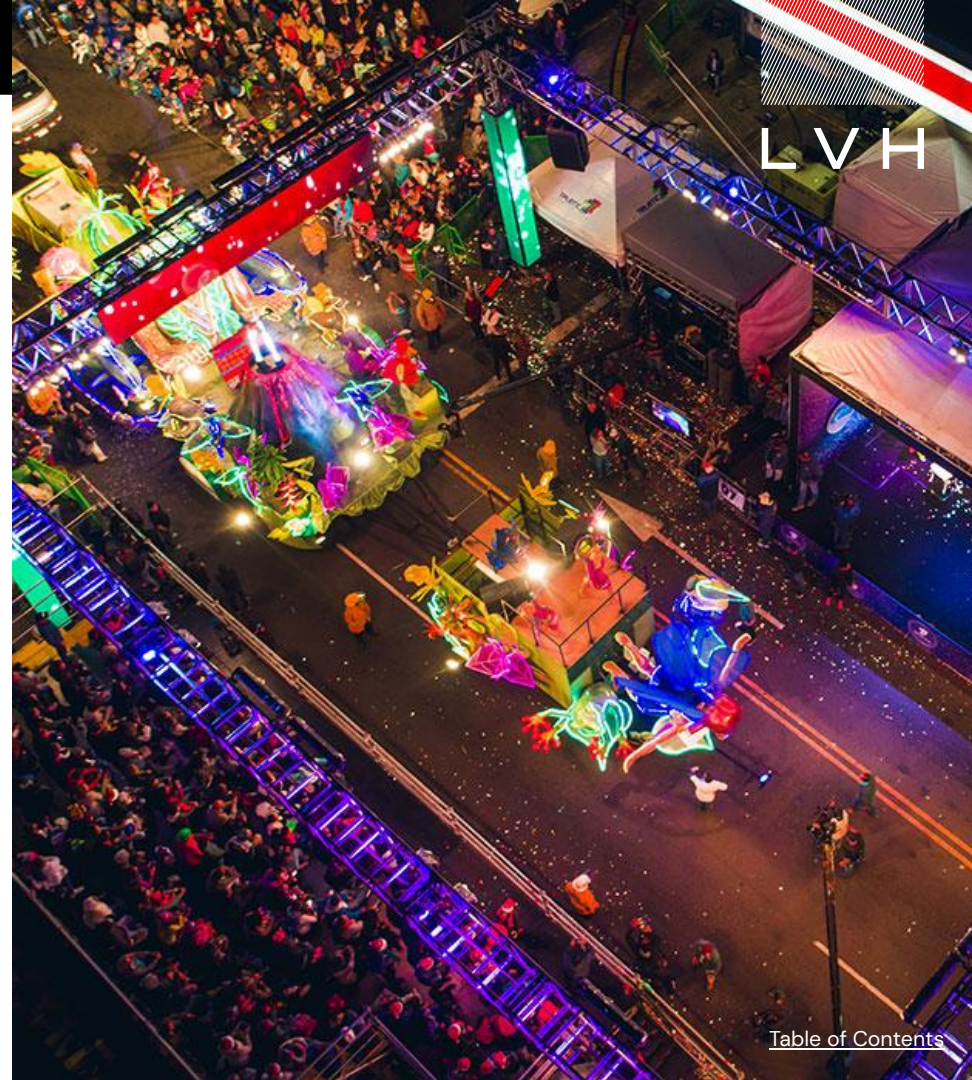
CARNAVAL NACIONAL (SAN JOSÉ)

Carnaval Nacional, an annual street festival, is held every Dec. 27 in downtown San José. There is live music, clowns, food, fanfare and much more. Street dancers in colorful costumes, decorations and a parade are just a portion of this exciting event.



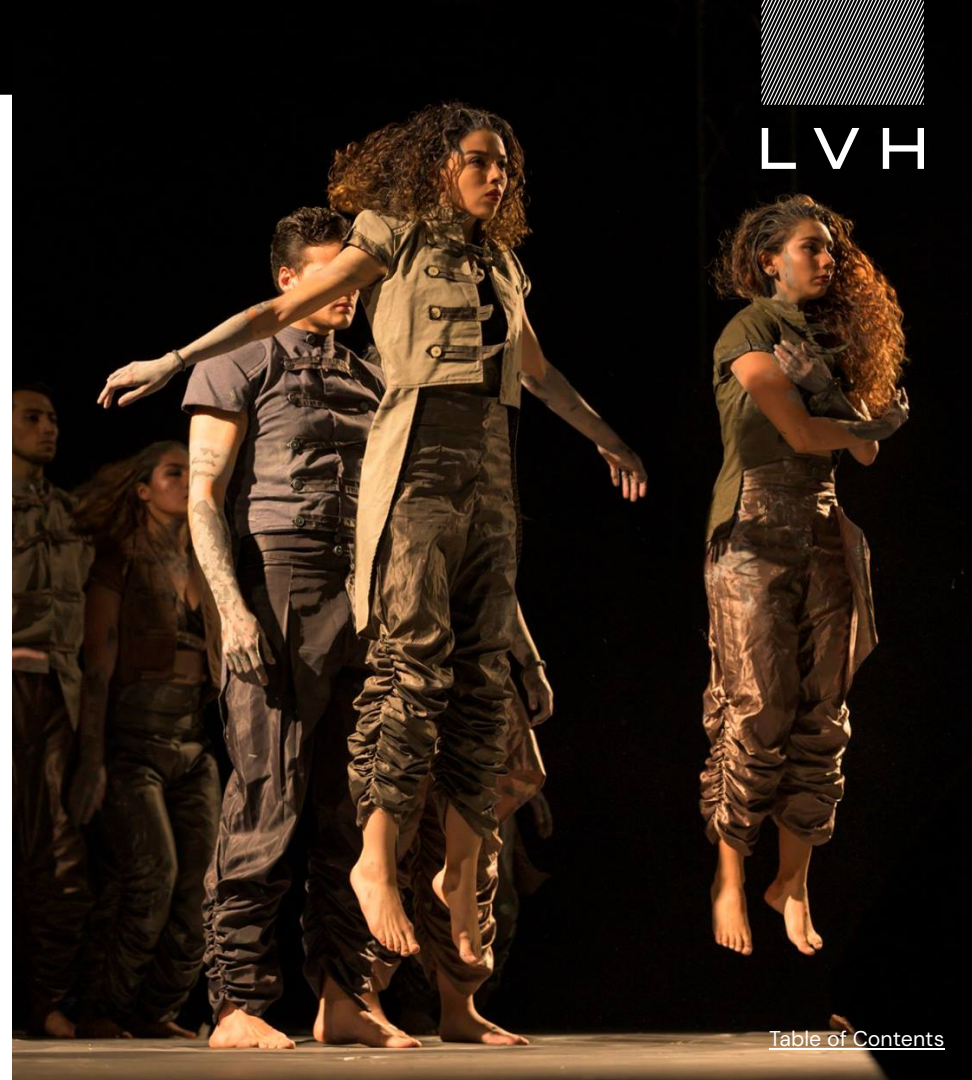
FESTIVAL OF LIGHTS (SAN JOSÉ)

The Festival of Lights or Festival de la Luz is held the evening of the second Saturday in December marking the official start of the holiday season. The fiesta is underscored with lively, festive music. A beautiful procession of white floats with glistening lights parades through the streets of San Jose, including the Paseo Colon and Avenida Segunda. Don't miss the brilliant fireworks show following the festival!



FESTIVAL DE LAS ARTES—ARTS FESTIVAL

The main art event in Costa Rica is the FIA+FNA, which stands for the joint event of the International Arts Festival and the National Arts Festival, a two-week celebration, filled with art shows, dance & acting performances, and massive concerts. It's a great opportunity to see creations by people from all kinds of backgrounds, and since it alternates annually between the international and national editions, there's plenty to discover each year. The festival was hosted in San Jose since it was founded, but recently the Ministry of Culture decided it was time to take it to another level, so now they tour different locations around the country. This festival usually takes place at the end of the dry season, in late March or April.



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LAND



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Every destination has a unique geographical configuration. That's part of the allure of travel. Whether your vacation takes you to exotic mountainous terrains, or areas replete with sand dunes, the dynamics of the land can add a welcome depth to your vacation. Whiz along coastal highways, lush forests or through arid deserts. These routes will lead you to the landscapes distinctive to your vacation choice!





WATERFALL HIKES IN MONTEZUMA

What's more exotic than a waterfall in the middle of the jungle? Hike to Montezuma Falls to experience the wilderness and since it is (possibly) the most famous waterfall in Costa Rica. In Montezuma, you might find exotic animals you won't be able to see in other parts of the area, such as the Roseate spoonbills (a bird similar to the pink flamingo), river otters, blue crayfish and the Jesus Christ lizards, able to run on the water surface.



CAVING AT BARRA HONDA

Barra Honda Caves National Park is an extensive network of caves about 40 minutes from Samara Beach that hold a number of secrets off-limits to the public like indigenous artifacts and the remains of humans. The public has access to one cave, Terciopelo. Guided tours with equipment are available in the dry season from the end of November through April. The three-hour tour begins with a 62-foot descent into the interior of the cave. Brave adventurers at Barra Honda will discover the wonders of this limestone cavern, including stalactites, stalagmites, soda straws, cave grapes, and more.





A VISIT TO CURU WILDLIFE REFUGE

Curu Wildlife Refuge is another popular choice for nature lovers staying in the Santa Teresa area. Search for Capuchin and Howler monkeys as you make your way through the coastal forest trails of Curu, observing towering Guanacaste trees and a variety of interesting flora along the way. This privately owned protected area keeps a rich and diverse ecosystem. The refuge is part of a large farm, which combines sustainable agriculture and forest management with the protection of wildlife and nature. This protected area has an abundance of wildlife hard to find anywhere else in the Peninsula.





A VISIT TO CABO BLANCO NATIONAL PARK

Cabo Blanco has its own special place in the history of Costa Rica, becoming the first National Park in Costa Rica in 1963. The Reserve encompasses 1,270 hectares of mixed forest and 1,788 hectares of ocean belong to the protected area as well. The forest provides refuge to a large variety of animals like white-tailed deer, armadillos, anteaters, howler and capuchin monkeys, coatis, wild cats like ocelots and margays, while around 240 species of birds have been recorded in Cabo Blanco.





BIRD WATCHING

Costa Rica is a bird watchers paradise. Few places in the world can boast of having so many bird different species, over 900 species have been identified, these birds make Costa Rica their year round home or their migratory destination.





HORSEBACK RIDING

The unspoiled beaches of Malpais and Santa Teresa allow for horseback riding and similar activities. The area around Santa Teresa boasts beautiful tropical wilderness that's perfectly suited for horseback riding, one of the more rugged luxury travel experiences you can enjoy. There are also day tour packages that include trail rides and a visit to over 5000 acres of a cattle ranch. Families with animal-loving kids would find this type of activity very enjoyable.



MOUNTAIN BIKING

The area of Santa Teresa beach offers a fantastic topography and beautiful landscapes with a wealth of brilliant mountain bike routes, trails and dirt roads. The mountain bike trails in this region will let you discover the lifestyle and colors of the rural areas of Costa Rica, since our chosen routes pass through the beautiful countryside of the southern Nicoya peninsula. Get ready to enjoy trails of diverging elevations, steep climbs, technical trails, sweet downhill sections and fabulous coastal views.



RENTING AN ATV

One attraction of going on a surf trip to Costa Rica is the unique access to nature. Given the many dirt roads in the area, an ATV, also known as a Quad bike, is the best way to explore the region. If you're keen on a four-wheeled adventure, we will help to connect you to our trustworthy partner offering the highest standards. Done safely, riding an ATV is a fun way to experience the jungle, maybe even searching for your own little piece of secluded Costa Rican heaven.





ZIPLINING/CANOPY TOURS

Canopy tours allow you to observe the one-of-a-kind beauty of Costa Rica's forests without endangering any of its gorgeous wildlife. On your journey, you will see tropical plants and animals unique to Costa Rica such as howler monkeys, iguanas, parrots and many more. You can experience the beauty of the area's nature from the thrilling comfort of a sturdy zip line.

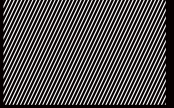


GOLF

Expansive, lush green courses will have anyone from novices to expert golfers taking their time with the game. Costa Rica's rolling landscape makes for interesting plays, and with many of the courses on the grounds of 5-star hotels and resorts, you can be sure that you will leave with only the best round. There are two 9-hole courses in Tambor.

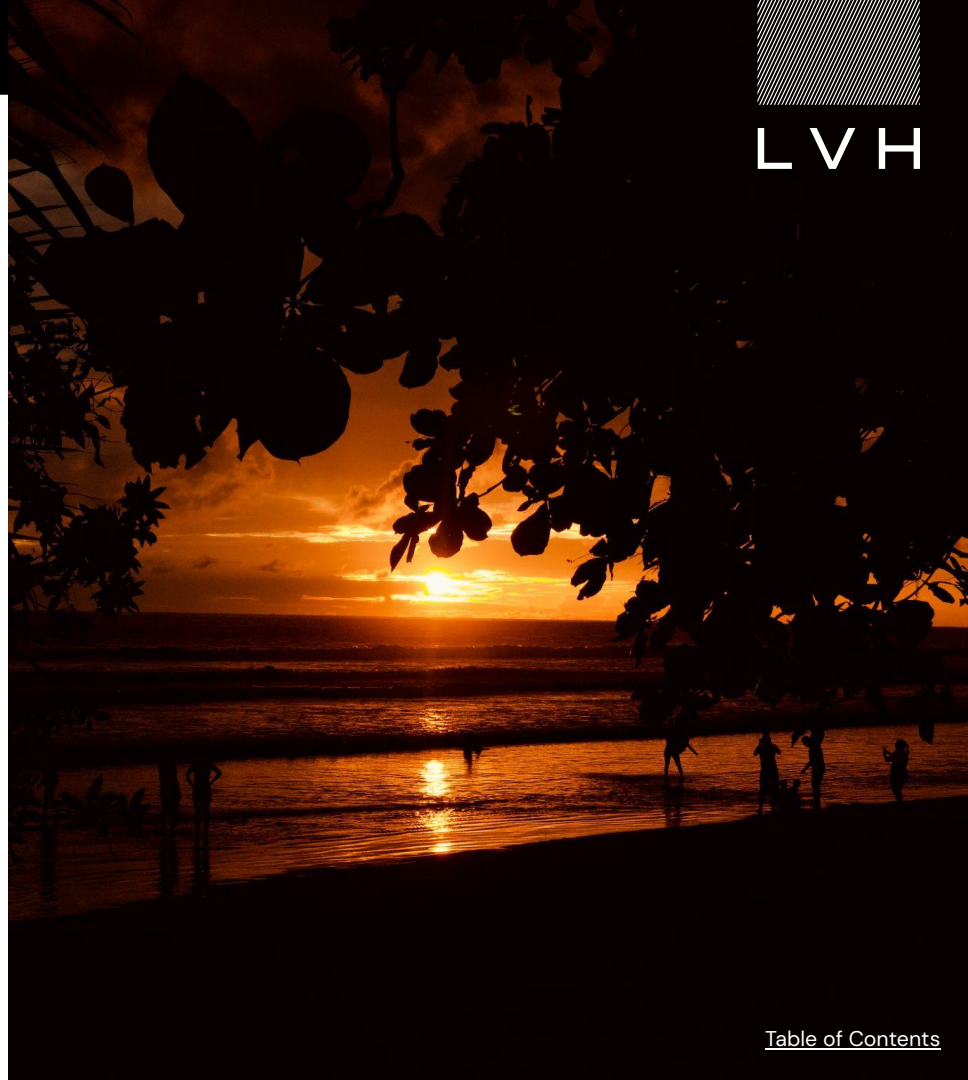


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THE SUNSETS

You'll be kicking yourself for the rest of your trip if you end up missing out on one of Santa Teresa's legendary sunsets! Almost any beach will make prime real estate for sunset viewing. This is one of the most popular luxury travel experiences, so be sure to get early for the golden hour "show" before the spots crowd up.



LVH

WATER



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Of course, surfing is the biggest draw to the Santa Teresa area, but not everyone surfs, and those that do want other options as well. For many people, just sitting on the beach under a palm tree and staring at the waves is enough. Others like to “fry” in the sun, and show off a tan later. Beach-combing is popular, looking for various treasures to take home. Although it’s actually illegal to take anything off the beaches, many (or most) people do. You can find a variety of shells, sand dollars, sea urchins, lots of interesting nuts and sea beans, agates and other beautiful stones, etc. Action sports are popular here, such as:

- Boogie Boarding
- Sport-Fishing
- Kite Surfing
- Snorkeling
- Stand Up Paddleboarding (SUP)



SCUBA DIVING

Costa Rica is world renown for being one of the best destinations to scuba dive. If the thought of diving in warm, crystal clear water teeming with tropical fish appeals to you, then read on to discover the basics of Scuba diving in the tropics. There are a couple of dive outfits in the general area that will take you to some spectacular locations.

- Tortuga Island – known for its beautiful beach and hordes of tourists, but the waters in the area are great for scuba diving. You can see whale sharks, dolphins, whales, octopuses, white tip reef sharks, and large schools of fish.
- Costa Rica shipwrecks – the Gulf of Nicoya is the only place in all of Central America that has THREE shipwrecks. that are suitable for diving occur in very few places in the country, so if you're into wrecks, this is the best opportunity in the country to see them.
- Tambor and Montezuma – in various rocky reefs and coves
- Cabo Blanco



SNORKELING

Snorkeling can be amazing here, especially in dry season, when the water is more clear. Any time of year, there's tons of sea life in there, but due to dust and dirt that runs from the rivers into the ocean during heavy rains, you can't see much during "green" season, which is May through November. The best places to snorkel are:

- Playa Tequila
- Mar Azul Tidepools
- Los Suecos – The "Secret Beach" is the best place. Tons of fish and creatures like octopi, sea turtles, huge rays, etc. due to being next to Cabo Blanco marine reserve.
- Las Manchas
- Tortuga Island



WATER

SURFING

It would be impossible to visit Santa Teresa and overlook the influence of the area's surf culture. Mal Pais is one of the most beloved **surfing** areas in Central America and Santa Teresa is where all the wave fiends tend to congregate. Walk along the beach and witness lifelong surfers – local and international – navigate the amazing breaks along the rugged coastline.



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PADDLEBOARDING

Paddleboarding is a skill which most athletic tourists can pick up within just an hour of practice, assuming nice calm water. Good beaches to paddleboard are out at Playa los Suecos, but Manzanillo would be great, or Cabuya on the other side of the peninsula.



KAYAKING

Kayaking is one of the choice water activities that attract many tourists, especially since it makes for a great family affair on any given day. Before tackling this activity, it is important to understand sea kayaking basics, specifically the conditions of the waters in your chosen area as well as where to get the appropriate gear. And remember to chart the waves before you brave the open waters in Santa Teresa.



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WATER

SPORTFISHING

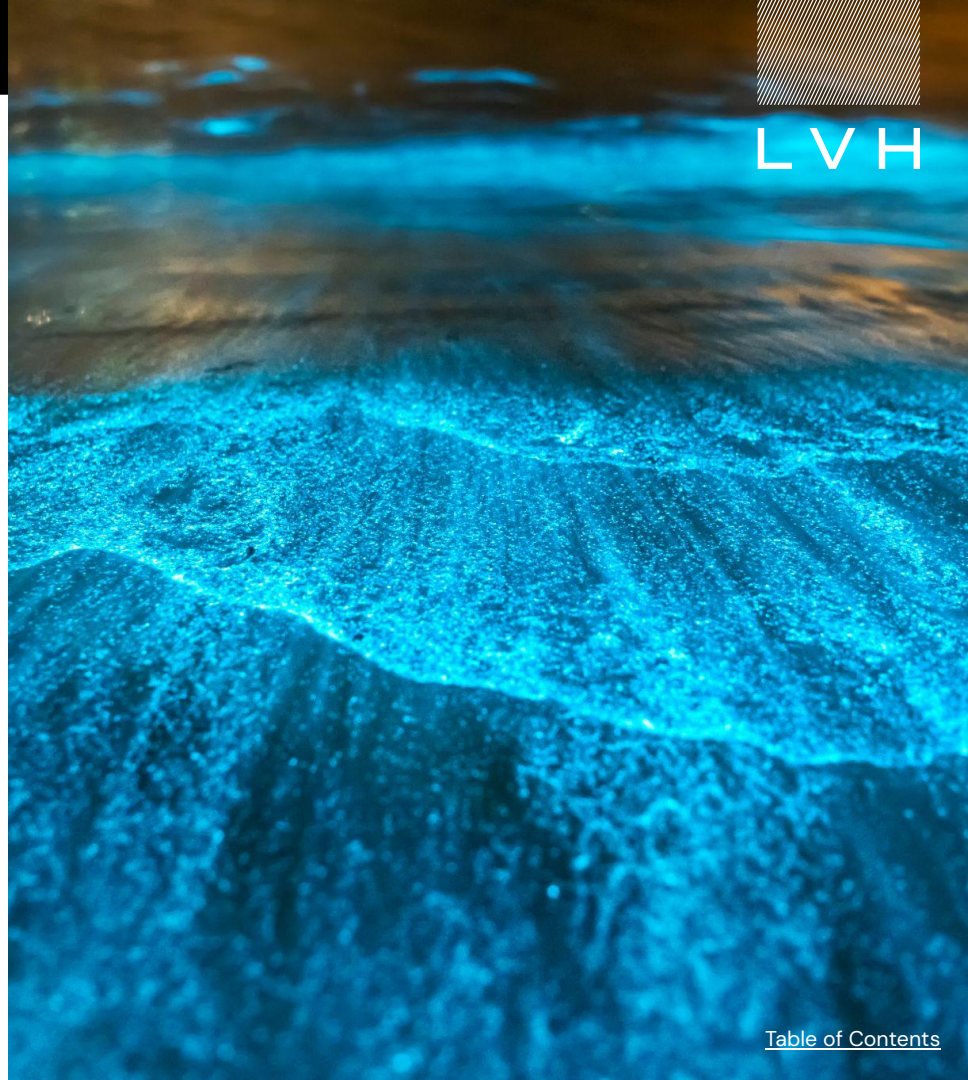
The deep blue Pacific waters are home to abundant marine life, and this is the reason why sportfishing in Santa Teresa is one of the most pleasurable pastimes that anglers indulge. Some of the varieties you can catch here include mackerel, yellow-fin tuna, mahi-mahi, and Jack. This is not all! In deeper waters "catch of the day" can be marlin, sailfish, and large wahoo. Local fishing boats conduct guided tours, making sure that the adventure is to their clients' satisfaction.





BIOLUMINESCENCE EXPERIENCE

There are only a few places in the world where bioluminescence can be seen year-round. And luckily for you, there is one such place here, on the Nicoya Peninsula. Bioluminescence is a light created by living organisms through a chemical reaction, biological light. The stunning natural phenomenon of bioluminescence fascinates guests with an unreal glow upon the water, which is produced by high concentrations of light-emitting plankton, creating a 'starry night' effect after dusk. The wavelengths are in the blues to the greens, appearing as bluish or greenish sparkles. One of the best ways to see this phenomenon is to get a look from above, while kayaking in Punta Cuchillos near Santa Teresa, is a great way to see it well.



BIOLUMINESCENCE KAYAK EXPERIENCE

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WATER

SAILING

Charter a private yacht to explore Costa Rica's famous surf-laden coastline. Anchor at a variety of breaks and surf around the clock. Nothing beats traversing the coast in your own sailing rental which permits a true sense of discovery, making your trip feel more spontaneous and adventurous. There is a variety of boats, with and without skippers, catamarans, motorboats, gulets, and other seaworthy vessels from which to choose.





BODYBOARDING

Boogie boarding or bodyboarding in Costa Rica is a very popular activity since the country is surrounded by lush and beautiful beaches. Boogie boarding is a great starting point for beginning marine athletes and can open the door to other marine sports such as surfing. For kids, one spot is at Bahia Barigona, which can work at high tide. The other spots are bigger point breaks for surfers such as Mar Azul and Sunset Reef.



LVH

KIDS

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Time spent with family is never time lost. No matter the destination, LVH secures a full itinerary of children's activities designed to spark budding imaginations. Share in the robust excitement of a trip full of possibilities with the ones closest to you. At LVH, we understand that time is the ultimate luxury. Please leave it to us to tailor an unforgettable vacation experience for all guests, including the smallest ones!



LVH

TIDE POOLS

Playa Hermosa isn't just a beautiful beach and one of the most sought after surfing locations in the pacific: it also plays host to what can be referred to as "oceanic swimming pool." You'll also be able to find many beautiful tide pools along the shores of Malpais, on Mar Azul beach, and a dazzling bevy of beautiful creatures that reside within them as well. Don't forget to take a look at the hidden tide pools of Montezuma Beach, a Costa Rica locale that many visitors find themselves coming back to again and again.



LVH

YACHT CHARTER

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YACHT CHARTER

Yachting embodies sailing the seas in the lap of luxury. Leave your everyday routine and set sail for a world of pure comfort and decadence on the high seas. A yacht charter in Costa Rica usually starts in a lively port town of Puerto Caldera on the north Pacific coast, which acts as a gateway to the idyllic and secluded southern coast. Let an experienced captain take the helm while you lounge on the aft deck, or observe the waters overflowing with coral and tropical fish, and lush jungle-clad interiors along the way.



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YACHT CHARTER

OCEAN YACHTS 48'

Well-appointed three-stateroom, two-head interior boasts combined salon/galley/dinette with entertainment center and wet bar. Two-stateroom, galley-down layout was optional. Cockpit has bait-prep station, freezer, engine controls, transom door.



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YACHT CHARTER

FOREVER 60'

The 18.29m/60' 'Forever' catamaran yacht built by the Polish shipyard Sunreef Yachts is available for charter for up to 8 guests in 4 cabins. This yacht features interior styling by Polish designer Sunreef Yachts. Offering well-appointed deck areas, Forever grants freedom to cruise breathtaking shallow anchorages in style and comfort.



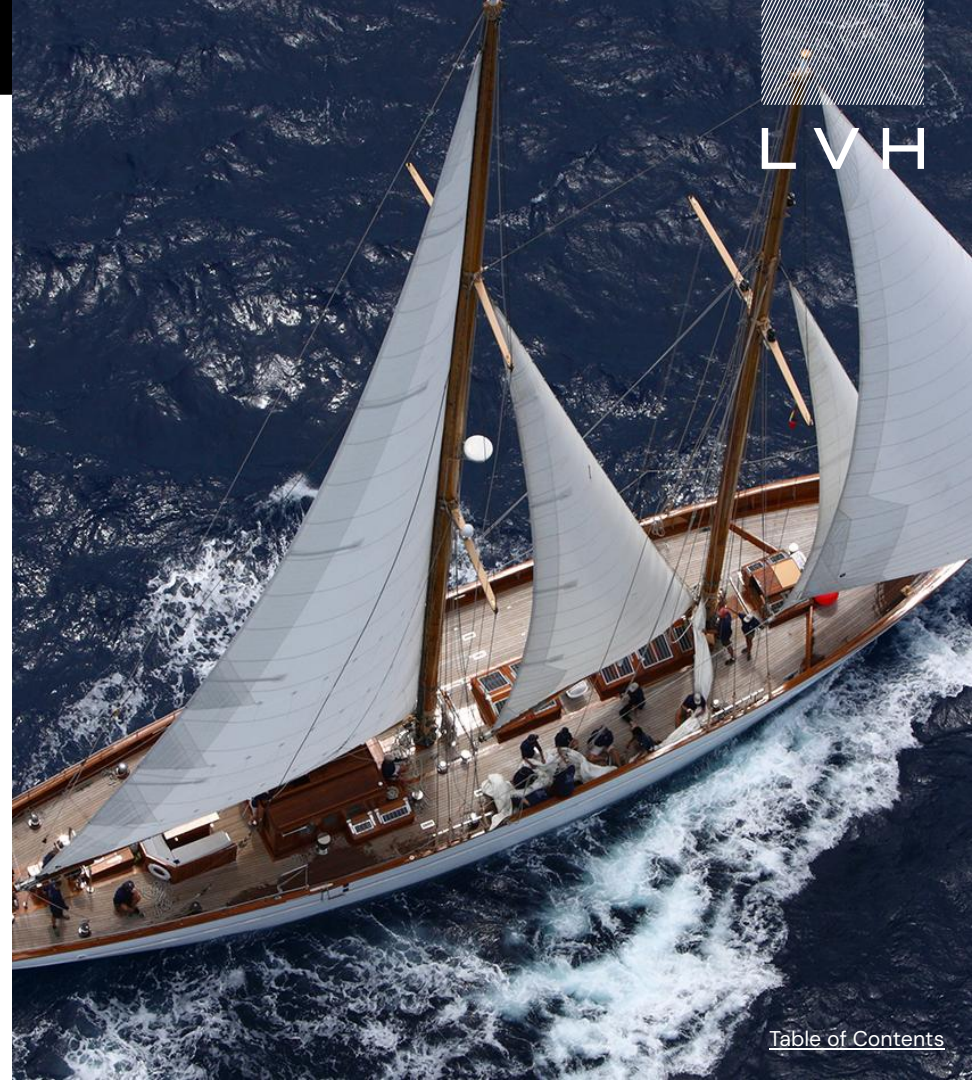
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YACHT CHARTER

EROS 115'

The 35.1m/115'2" classic yacht *Eros* by shipyard Brooks Motor Craft offers flexible accommodation for up to 8 guests in 4 cabins. The eternally elegant *Eros* will take your breath away as she unfurls her sails and sets a course to her next destination. Offering a wealth of luxurious spacious living areas befitting her pedigree build, a yacht charter aboard this classic vessel has all the ingredients to be truly magical.



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VIVIERAE II 96'

The 29.26m/96' expedition yacht 'VivieRae II' by the American shipyard Nordhavn offers flexible accommodation for up to 8 guests in 4 cabins. Expedition yacht VivieRae II is tailor-made for adventures across the high seas; the ideal platform for an adventure charter that will guarantee unforgettable memories.



LVH

GETTING THERE



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GETTING THERE

Going on vacation is fantastic, but chances are you don't want to stay in the same place for your entire trip. The best remedy for that is to take a day trip. You can find some amazing places not far from where you've put down vacation roots, but that would really merit a visit. You can rent a luxury car and hit the road or have us arrange a private tour for you. Day trips can provide seeing more sights and experiencing more adventures!



GETTING THERE

BY PRIVATE JET

The journey to Santa Teresa requires slightly more organized planning but can be smooth nonetheless and after all it is well worth it. When you touch down in the city of Tambor, a personal chauffeur ride to your villa will await. Likewise, if you wish to complete the journey by air, LVH would be delighted to arrange a scenic helicopter flight to the villa in Santa Teresa. There are a few options for private jet flyers:

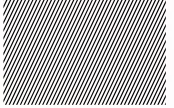
- Tobias Bolanos International Airport (**MRPV/SYQ**)
- Juan Santamaría International Airport (**MROC/SJO**) in **San Jose**
 - + private charter to Tambor Airport (**MRTR/TMU**) + chauffeur ride/
scenic helicopter flight
- Private jet to Tambour Airport (**MRTR/TMU**)
 - + chauffeur ride/scenic helicopter flight to Santa Teresa



LVH

CARS

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We all know there is a lot more to cars than meets the eye. Most luxury vehicles are feats of engineering as they are fine art. An exemplary vehicle often misses a key component, an extraordinary driving location. With LVH, you can be sure the beauty of your dream car will match the beauty of the world's most stunning destinations. Complete your automotive fantasies on some of the planet's most scenic stretches of road, and fall in love with driving all over again.



JAGUAR F-TYPE

Just the looks of the Jaguar F-Type already give the impression that it has the skills to own the road. Once you have the chance to get behind the wheel you can fully experience its potential. Acceleration from its line-up of available engines ranges from quick to warp speed and its responsive handling offers a thrilling ride with a real feel of the road. At the top of the world of luxury cars, the Jaguar F-Type deserves a spot at the top of your list when considering a luxury car rental.



MERCEDES BENZ G- CLASS

If you love adventure but still want all the comforts of a luxury car, then look no further than the Mercedes-Benz G- Class. This solid, spacious SUV is the perfect excuse to head out into the wild. You can confidently explore nature as the G- Class can handle the extreme elements without hesitation. Despite its rugged capabilities, its other features are anything but rough around the edges. With the sophistication and high-tech amenities of other luxury cars on the market, the G- Class makes a bold statement whether in an urban setting or on an outdoor adventure.



RANGE ROVER VELAR

The Range Rover Velar is a five-door SUV with the comfort level of a luxury sedan and plenty of head and legroom. The supercharged engine and eight-speed automatic gearbox deliver the acceleration of a sports car. But all this nimbleness doesn't diminish the Velar's rugged appeal, thanks to its responsive four-wheel drive and locking rear differential that makes short work of steep gradients.



LVH

IN-HOME SERVICES



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IN-HOME SERVICES

The best way to experience an exceptional villa is to get top-notch in-home services. Indulge in the good life with a customizable host of luxury services. The excitement of a new destination is infectious, but the comforts of home are truly divine. Enjoy indulgent pampering from gastronomy to event planning and personal care services in the privacy of your villa. If you can think of it, we can provide it. The only limit is your imagination.



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IN-HOME SERVICES

PRIVATE CHEF

Top trained professional chefs provide a full-service culinary experience in the comfort of the private villas. From international cuisines to health-conscious diets, chefs create meals for all tastes and requirements.

- Private Dining
- Prepped Meal Delivery
- Events



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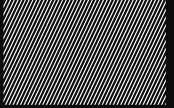
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MIXOLOGIST

Concoct the “poison” of one’s choice with the help of experienced mixologists who are crafting cocktails, using seasonal ingredients, freshly squeezed citrus, house-made syrups and premium spirits!

- Molecular Mixology
- Artisanal Cocktails
- Prohibition-era Cocktails
- Healthy inspired Cocktails





BARTENDER

Keep the glasses full and cheers continuing with full-service bartenders. Professional bartenders set up, shake up, serve up, and clean up the drink station. Instead of worrying about if the bar is stocked, spend time worrying about which tasty drink to sip next.

- Dinner Event
- Birthday Celebrations
- Anniversaries
- Showers
- Family Gatherings





PHOTOGRAPHER

Photographers are artists with the camera, using a blend of technical skills and an artistic eye to take pictures of people, places, landscapes, food, you name it. Capture your moments with a professional photographer.

- Special Events
- Gatherings
- Anniversaries
- Birthdays
- Weddings





DRONE PHOTOGRAPHER

Capture moments from a higher perspective. Professional Drone Aerial Photographers shoot photos and videos from all sorts of angles. Highly recommended for any water sport moment.

- Special Events
- Gatherings



IN-HOME SERVICES

NANNY SERVICE

Take the night off or the night out with the little help from a trained, CPR/AED and First Aid certified nanny. Feel confident that the little ones are in the best of care.

- Creating a safe and stimulating environment for the children
- Changing diapers, potty-training (age-appropriate)
- Planning meals, preparing food, and/or feeding the children
- Indoor and outdoor play
- Educational activities and crafts
- Reading to the children



LVH

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LVH

SPA

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Take time to rejuvenate your body, mind, and spirit in Santa Teresa, one of the world's leading health retreats. Discover the magic of millennia-old health techniques passed down through indigenous elders. Envelop yourself into a world of bodily bliss, where a holistic approach employs the best of a broad set of therapeutic disciplines.



MASSAGE

A certified massage therapist brings wellness into the privacy of the villa. Sessions start with a conversation. By understanding the guests needs and “aches,” the therapist can then apply a massage practice from his/her arsenal that best heals the target area.

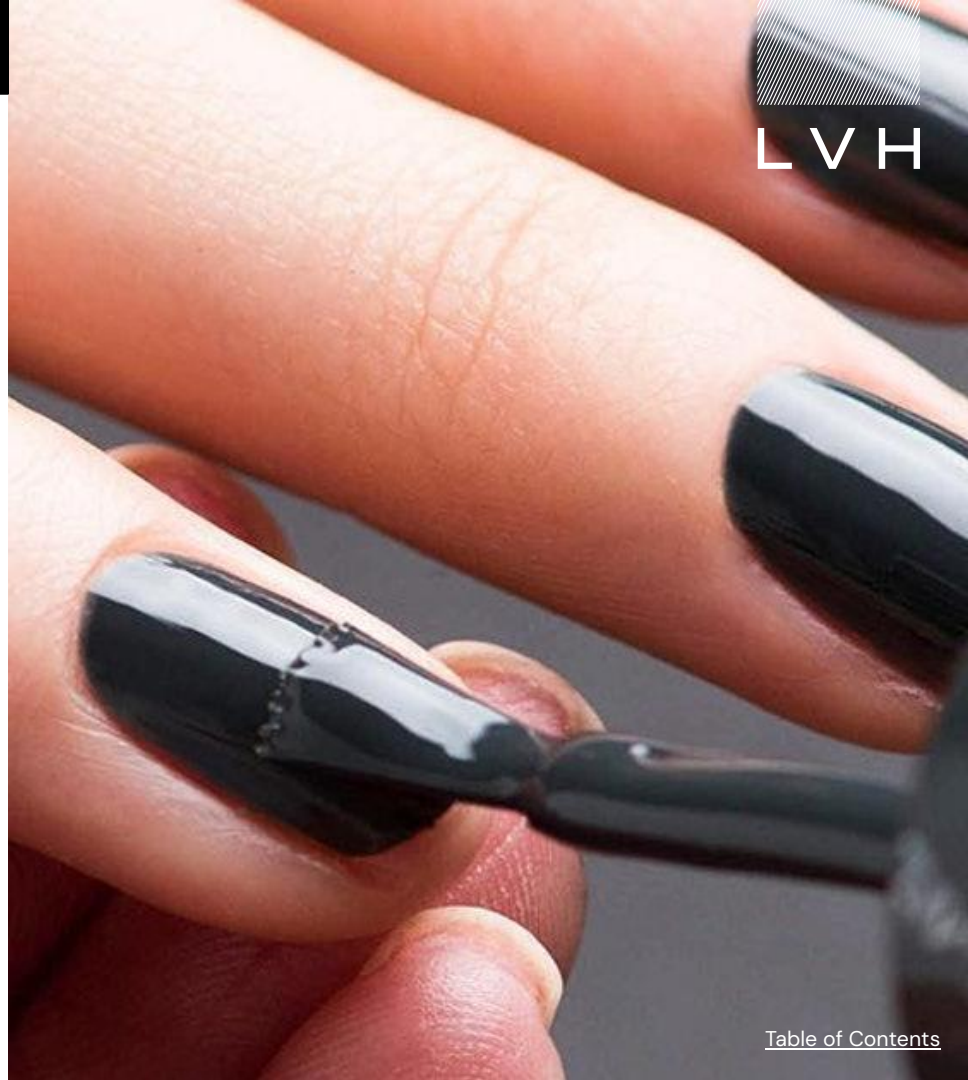
- Therapeutic Massage
- Stone Massage
- Tension Relief Massage
- Holistic Massage
- Sports Massage
- Prenatal Massage
- 4 Hands Massage



NAIL SERVICE

Certified nail technicians provide spa services in the comfort of the villa. All technicians use safe, clean, sanitized and quality products. There is a possibility for customized services, such as: scrubs, masks, deep exfoliation.

- Spa Manicure
- Spa Pedicure
- Gel Polish Manicure
- Gel Polish Pedicure
- Nail Art



HAIR CARE

Great hair, no care, enjoy personal hair styling and makeup services at home. Santa Teresa's swanky dining and cocktail scene, is awaiting your grand entrance. Book your picture perfect appointment, and dully indulge in the full pampering service you've always dreamed of, saving you time while looking your absolute best!

- Haircut
- Braids
- Blowouts
- Dry styling
- Extensions





BEAUTY SERVICE

Your vacation is all about “me time” and taking the time out of your regular hectic day-to-day schedule to get pampered to the nth degree. Consider yourself a pristine canvas and LVH’s in-home beauty services personnel are the artists who will bring you to life with their expertise. The end result? A true masterpiece!

- Makeup Application
- Eyebrow Shaping
- Eyelash Extensions
- Spray Tan





BARBER

A man who has sat in a professional barber's chair knows the fabulous feeling of leaving a truer version of himself. Let one of LVH's expert barbers tend to your every need in the privacy of your villa. Nothing beats a skillful, close hot shave with a straight razor in the hands of an experienced tonsorial artist. If you're sporting a beard, a barber can get it silky, soft and trim it just the right length for fun in the sun!

- Haircut
- Trimming
- Fades
- Braids
- Dry Styling
- Close Shave
- Nose and Ear Trim



LVH

WELLNESS

Part of every unforgettable experience is physical wellness and mental well-being. Our selection of world-class trainers and athletes will impart their invaluable know-how in keeping your mind and body in an optimal state. Jumpstart your vacation with a personalized training regimen that will have you astounded at your capabilities. Bring the priceless feeling of accomplishment with you each day as you relish a vacation experience of a lifetime.



LVH

FITNESS TRAINER

Work with a certified NSCA Personal Trainer and Strength and Conditioning coach, USA Boxing coach, ISCA Kickboxing Round II Instructor and Healthcare Provider (CPR & AED) from the American Heart Association and Human Performance (IHP) certified trainer in the privacy of the villa.

- Bootcamp
- Cardio Endurance
- Strength Training
- Core Conditioning
- Water Exercise
- Boxing



PILATES INSTRUCTOR

Certified pilates teachers design curated classes for individual or group sessions.

- Classical Pilates
- Mat Pilates
- Contemporary Pilates
- Clinical Pilates





YOGA INSTRUCTOR

Move the body, calm the mind, connect the heart, raise vibes and awaken power with the Santa Teresa's leading private yoga instructors.

- Vinyasa Yoga
- Hatha Yoga
- Power Yoga
- Restorative Yoga
- Prenatal Yoga





MEDITATION

Enjoy a private meditation class at your villa or at a beautiful location. Santa Teresa has long been renowned for its tranquillity and beauty as well as powerful healing energies and spiritual vibes to the open-minded.



SOUND HEALING

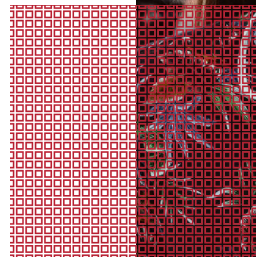
Unearth the restorative power of chant, mantra, and sound frequencies. Set in serene environs, in the depths of the Costa Rican jungle, clients may embark on a powerful journey of relaxation and self-knowledge with the therapeutic discipline of sound therapy. Borrowing from the esoteric traditions of eastern religions, sound healing is done in conjunction with mindfulness, breathwork, and a reconnection with nature.



LVH

WHO WE ARE

LVH holds the highest standard of excellence in vacation home experience with thousands of ultra-luxury homes in the world's most exclusive global destinations offered with full staff services and personalized to guests' desires.





LVH

CURATORS OF
IMMEASURABLE
MOMENTS



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